



# Breast cancer

The pink ribbon is the symbol of breast cancer awareness.

If you are due for  
a mammogram,  
and have not yet  
scheduled one this  
year, do it today.



Schedule a mammogram. This X-ray of the breasts can help detect breast cancer early, when it is easier to treat successfully.

Women are advised to get a mammogram every 1 to 2 years starting at age 40. Women at a higher risk for breast cancer should seek expert medical advice about getting mammograms.

Ask your doctor about your risk for breast cancer. You can also use the Breast Cancer Risk Assessment Tool at [cancer.gov/bcrisktool](http://cancer.gov/bcrisktool).