

Live Healthy. Live Green.

Earth-friendly ways for holiday fun & safety

- Save gas by doing close-to-home outdoor recreation activities, such as skating and making snowmen with your children.
- Choose non-toxic toys for children, such as ones made from solid and recycled wood (not pressed wood) and non-toxic paints and finishes. Avoid toys made of PVC plastic; xylene, toluene, or dibutyl phthalate.
- Get the lead out! Contact the U.S. Consumer Product Safety Commission (CPSC) at cpsc.gov about recalled toys and other household products that contain lead. Find out how to dispose of them.
- Send electronic greeting cards and letters or ones made of recycled paper.
- Wrap gifts in recycled paper, the funny papers, a pillow case, etc. Give gift certificates, movie and concert tickets, etc. that do not need to be wrapped.
- Instead of using a cut live tree, buy and decorate a large potted house plant. Or use a potted small tree which can be planted outdoors. If you use a live tree, recycle it. Find out how from your local waste department.
- If you decorate with lights, turn them off when you can, to save energy and to make the lights last longer.
- Use glasses, dishes, and silverware instead of disposable products.

