



Poison control

The National Poison Control Center is staffed 24 hours a day.

Memorize the National Poison Control Number: 800.222.1222. Buy household products, vitamins, and medicines in child-resistant packaging. Keep items in original containers. Follow label warnings.



Carbon monoxide (CO) has no odor or color. Symptoms of CO poisoning are like those of the flu, so you may not suspect CO poisoning. Install carbon monoxide detectors in your home and garage.

Inhalants are gases or vapors from glues, paints, cooking sprays, and over 1,000 other common products that are used to get high.

Every hour, five children are rushed to an emergency room due to a suspected medicine poisoning.

A child can grab and swallow something that could be poisonous in the short time it takes to answer a doorbell or a phone call.

Teach your children not to touch anything with a skull and crossbones on the label.