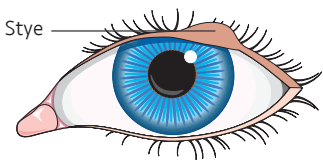




# Stye

A stye is an infection in a tiny gland of the eyelid.



## SIGNS & SYMPTOMS

- Red, painful bump or sore on an eyelid.
- Watery or tearing eye that burns and itches.
- The red bump may form a head and appears yellow if it contains pus. This usually drains on its own within days.

## CAUSES

Sties form from clogged oil glands at the base of an eyelash.

## TREATMENT

Most sties respond well to self-care and don't need further treatment.

## TRIAGE QUESTIONS



With a stye, do you have any of these problems?

- Redness and swelling haven't drained within 1 or 2 days.
- A stye makes it hard for you to see.
- Many sties come at the same time.
- You get one stye right after another.

NO



YES



SEE DOCTOR



USE SELF-CARE



## SELF-CARE / PREVENTION

- Wash your hands often.
- Don't touch your eyes with your fingers. Use a tissue instead.
- Use clean washcloths and towels each time you wash your face.
- Don't share washcloths, towels, makeup, or eye drops with others.
- Don't expose your eyes to excessive dust or dirt.

### Relieve Discomfort of a Stye

- Apply warm (not hot), wet compresses to the affected area 3 to 4 times a day for 5 to 10 minutes at a time. Use a clean washcloth each time.
- Don't poke or squeeze the stye. A more serious infection could occur.
- If the stye drains on its own, gently wash the pus away with a mild, soapy solution made from half baby shampoo and half water. Or use eyelid wipes.