

# Plane Travel for Those with Special Health Problems



Physical limitations or medical problems don't have to keep you homebound.

- If you have an artificial joint or pacemaker, carry a card from your physician saying so, and present the card before going through the airport metal detector.
- If meals are offered on your flight and you have special dietary needs, contact the airline at least 24 hours before your trip. Ask if you can get foods to meet your needs.
- If you need a wheelchair, contact the airline 48 hours before your trip. Airlines can provide wheelchairs narrow enough to fit through the aisle of a plane.
- If you depend on a seeing-eye dog, call the airline to find out if your dog can accompany you.