

# Recipe

## Fresh Cabbage and Tomato Salad

8 Servings, 1 cup each

### Ingredients:

- 1 small head cabbage, thinly sliced
- 2 medium tomatoes, cut in cubes
- 1 cup sliced radishes
- $\frac{1}{4}$  tsp. salt
- 2 tsp. olive oil
- 2 Tbsp. rice vinegar (or lemon juice)
- $\frac{1}{2}$  tsp., each, black pepper and red pepper
- 2 Tbsp. fresh cilantro, chopped

### Per Serving:

- Calories – 41
- Total fat – 1 gram
- Saturated fat – Less than 1 gram
- Sodium – 88 mg

### Directions:

In a large bowl, mix together the cabbage, tomatoes, and radishes. In another bowl, mix together the rest of the ingredients and pour over the vegetables.