



# Housing options

Some people find the upkeep for a house too demanding. Health concerns may not allow some people to meet these demands.



## HOUSING OPTIONS

- **Condominium.** This is a townhouse or apartment that is privately owned. A fee is charged to cover maintenance of items like the lawn, swimming pool, etc.
- **Co-Operative.** This is a housing facility where everyone owns a share. People live in unit apartments and vote on key issues.
- **Rental.** A landlord takes care of maintenance. Residents pay a monthly rental fee plus a security deposit.
- **Federal Housing.** This is independent living for those over 62 years old with low to moderate incomes.
- **Retirement Community/ Assisted Living Facility.** Residents live independently, but have services available to them. These include recreation activities, meals served in a common area, transportation. Often a social worker or counselor is on site. There may be age restrictions.
- **Group Housing/Adult Custodial Care Homes.** These provide room and board for those in need of nonmedical care. Help with daily living makes this option well suited for people who have Alzheimer's disease or other forms of dementia.
- **Living at Home Services.** Services are given in one's own home. Start up and monthly fees apply. A manager personalizes a program of care to meet the client's needs.
- **Intermediate Care.** This is a residence for those who should not live alone, but can manage simple personal care, like dressing. Meals are provided. Cleaning services and nursing care are offered on site.
- **Nursing Homes.** These are designed for people who require care 24 hours a day. These are medically supervised.