

# Preparing for college move-in



IT'S TIME TO SEND YOUR YOUNG ADULT OFF FOR THEIR FIRST SEMESTER OF COLLEGE. HERE ARE SOME TIPS TO BE SURE THEY'RE READY FOR MOVE-IN DAY.



- **Pack light.** Only pack the basics you know they will use and plan to order additional items when needed.
- **Bring cleaning supplies.** Have them handy when you first arrive.
- **Limit who helps with the move.** College move-in can be chaotic, and the fewer people, the better.
- **Pack seasonally.** Your college student won't need a winter coat in August. Use vacuum seal bags for items that will be needed later.
- **Find the nearest drugstore, grocery store, and restaurants.** Make sure your student knows how to access transportation to get there.
- **Bring lots of snacks.** Move-in day can be physically as well as emotionally taxing. Make sure everyone stays well hydrated and fed so you can enjoy the day together.