



# Health screenings for men

Men can face health challenges at each stage of life. A yearly visit with a primary care doctor ensures access to the appropriate screenings. While some screenings are a standard part of routine medical care, a doctor may recommend additional screenings specific to a man's health and family history.



## MEN AGED 18 TO 39

- Blood pressure
- Cholesterol and heart disease screening
- Physical exam
- Diabetes screening
- Eye exam
- Dental exam
- Infectious disease screening, including STIs
- Immunizations
- Skin self-exam
- Testicular exam



## MEN AGED 40 TO 64

- Blood pressure
- Cholesterol and heart disease screening
- Physical exam
- Diabetes screening
- Eye exam
- Dental exam
- Infectious disease screening, including STIs
- Immunizations
- Skin self-exam
- Testicular exam
- Colon cancer screening
- Lung cancer screening
- Osteoporosis screening
- Prostate cancer screening



## MEN AGED 65 AND OVER

- Blood pressure
- Cholesterol and heart disease screening
- Physical exam
- Diabetes screening
- Eye exam & hearing test
- Dental exam
- Infectious disease screening, including STIs
- Immunizations
- Skin exam
- Colon cancer screening
- Lung cancer screening
- Osteoporosis screening
- Prostate cancer screening
- Abdominal aortic aneurysm screening

