



Health screenings *for women*

Women are at risk for a unique set of health issues. Every woman should visit their primary care and OB-GYN provider every year for a checkup that includes the recommended screenings.

Ask your doctor what screenings are right for you. Your doctor will decide which screenings you need based on your age, family history, health history, and other risk factors.

WOMEN AGED 18 TO 39

- Blood pressure screening
- Cholesterol screening
- Diabetes screening
- Immunizations
- Infectious disease screening including STI's
- Physical exam
- Breast cancer screening
- Cervical cancer screening
- Skin self-exam
- Dental and eye exams
- Early and regular prenatal care during pregnancy

WOMEN AGED 40 TO 64

- Blood pressure screening
- Cholesterol screening
- Diabetes screening
- Immunizations
- Infectious disease screening including STI's
- Physical exam
- Breast, colon, and lung cancer screenings
- Cervical cancer screening
- Osteoporosis screening
- Skin cancer screening
- Dental and eye exams



WOMEN AGED 65 AND OVER

- Blood pressure screening
- Cholesterol and heart disease screening
- Diabetes screening
- Immunizations
- Infectious disease screening including STI's
- Physical exam
- Breast, colon, and lung cancer screenings
- Cervical cancer screening may no longer be needed. Check with your doctor.
- Osteoporosis screening
- Skin cancer screening
- Hearing test
- Dental and eye exams

