

FUEL UP

Awesome Almonds

These nutritious nuggets contain protein, fiber, and vitamins. You get a satisfying crunch, on their own or when added to foods.

WARM

Heat a handful in a skillet to intensify their aroma and flavor.

COMBINE

Mix with dried cranberries or dried apricots for a sweet crunch

INDULGE

Enjoy dark chocolate covered almonds for an occasional treat.

