

FUEL UP

Bell Pepper Perfection

Available in a rainbow of colors – green, red, yellow, and orange – each one offers a boost of vitamins A and C.



NACHO-IZE

Cut in strips and place on a plate. Top with shredded cheese, chili powder, then heat to melt the cheese.

STUFF

Slice mini-bell peppers in half. Fill with hummus and top with an olive.

EAT AS IS

It's hard to beat the sweet crunch of a fresh bell pepper!