

FUEL UP

# Celery Crunch

With maximum crunch and minimum calories, stuff away with your favorite filling.

## DIP IT

Scoop up some hummus, peanut butter, or your favorite dip.

## FILL

Make “ants on a log” using nut butter and dried fruit.

## CHOP

Add diced celery to crunch up tuna, chicken, or egg salad.

