

# Hello Jicama!

This juicy, crunchy, and slightly sweet root vegetable is native to Mexico. It's a rich source of vitamin C, an important antioxidant, and is often eaten raw.

## DIP IT

Peel and cut into sticks, like French fries, then dip them in your favorite veggie dip or salsa.

## ELEVATE YOUR SLAW

Combine thinly sliced red cabbage, diced apple, red onion, and matchstick-sized jicama. Toss with vinegar, lime juice, black pepper, and a dash of salt and cayenne pepper.

## TART & SPICY

Peel and cut into sticks. In a bowl, combine fresh lime juice, chili powder, and a pinch of salt, and toss together to coat.

