

Nicely Done, Nectarines!

Just as nutritious and tasty as peaches (but without the fuzz), nectarines also have a firmer flesh that's great for grilling, chopped up in salads, or as a hand-held snack.

SUMMER SALAD

Combine sliced firm nectarines, cucumber, diced red onion, and fresh basil leaves. Drizzle with oil and vinegar.

GRILLED SWEETNESS

Cut firm nectarine in half, remove the pit, brush with vegetable oil, and grill until lightly browned.

FRUITY SALSA

Combine diced nectarines, red onion, and jalapeño pepper. Mix in fresh lime juice and chopped cilantro. Goes great with fish tacos.

