

FUEL **UP**

Pretzels Your Way

They're crispy but lower in fat than chips. Choose your favorite - stick, rod, or round shapes - for endless snack possibilities.

DIP

Dunk in yogurt, applesauce, or honey. Or go savory with hummus, guacamole, or mustard.

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MIX

Make a trail mix with mini pretzels, nuts, and dried cranberries.

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TOP

Combine low-fat cream cheese with smashed berries for a sweet and creamy topping.

