

FUEL UP

# Radiant Red Cabbage

This beautiful and versatile cruciferous veggie is delicious raw or cooked, and it's easy on the budget.

## BEAUTIFUL SLAW

Combine chopped or shredded cabbage with diced red onion, dried cranberries, chopped walnuts, red wine vinegar, olive oil, and a dash of salt.

## ELEVATE YOUR SALAD

Add a handful of thin slices to a veggie salad for more crunch and crave worthiness.

## TACO TOPPER

Put some raw slices on just about any taco – fish, meat, poultry, or vegan.

