

FUEL UP WITH
FRUIT

Great Grapes

Delicious plain, frozen, in salads or on the vine. These bite-sized fruits have giant disease fighting properties. And they come in four colors!

HALVE

Add to chicken salad for a colorful and surprising burst of flavor.

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FREEZE

Wash, dry, and freeze for a treat so sweet you'll forget it's healthy.

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ROAST

Toss with olive oil, salt and pepper. Roast 30 minutes. Decadent as a side or on toast.

