

FUEL UP WITH
FRUIT

Just Peachy

Juicy and sweet, peaches smell like summer. Delicious alone or in a cobbler, peaches are a perfect source of antioxidants.

PICK

Eat whole fresh from the tree or the market.

SLICE

Top yogurt with peach and a drizzle of honey.

HALVE

Grill 4-5 minutes each side. Serve with a scoop of ice cream.