

FUEL UP WITH  
**FRUIT**

# Strawberries, a summertime classic

Easy to grow, fun to pick, strawberries are bite-sized packets of vitamins and nutrients. And they smell heavenly!

## **SLICE**

Layer with yogurt and granola for a pretty parfait.

## **DIP**

Dip in melted dark chocolate for an antioxidant loaded treat.

## **SMASH**

Add smashed berries to lemonade and serve over ice.

