

Be Smart with Medications

Be proactive and safe about taking medications to get the best results for your health.

Ask Questions

Make sure your doctor explains why you need to take a medication, in a way that makes sense to you.

Identify Allergies

Tell your doctor about any problems you have taking certain medicines.

Keep a Medication List

Show it at every appointment. Include all prescription and non-prescription medicines, vitamins, and supplements.



Take as Instructed

Always take your prescription medication as instructed by your doctor or pharmacist.



If you have side effects or other concerns, tell your doctor. You may be able to take a different amount or type of drug.