

## FACT:

Each year, about 326,000 people are injured in motor vehicle crashes involving a distracted driver. **DO NOT** text, call, eat, read, or groom when you are driving.

 **Set a good example yourself by not driving distracted.**

Encourage family and friends to drive without talking on the phone or texting.

 **Pull over and stop in a safe area if you need to talk or text.**

Compared to drivers legally impaired by alcohol, cell phone users can have slower reaction times and slower reaction to vehicles breaking in front of them.

 **Would you be a passenger in a car with a drunk driver? If you are a passenger in a car of a person who is driving distracted, speak up.**

Drivers who use cell phones are up to four times more likely to be involved in a crash.

