Health screenings

Treating and managing health problems is easier when they are found early.

Getting recommended health screenings is an important part of taking care of your whole self. Mental health screenings are equally as important as physical tests to detect health problems that need care and treatment.

Try online mental health screenings to help give a brief snapshot of your mental health.

Screenings for mental health conditions include depression, anxiety, alcohol and drug misuse, and post-traumatic stress disorder (PTSD).

Getting health screenings can help give you peace of mind.

Screenings for physical conditions include high blood pressure, heart disease, diabetes, and cancers of the breast, colon, and cervix.