

# Building Bridges

Take time to reach out and connect with others who are different from you in some way.

You want to have a meaningful conversation with someone who is different from you. It could be their race, ethnicity, or gender identity. Find common ground, be respectful, and value diverse perspectives.

- Be curious and open-minded.
- To help build trust and empathy, listen more than talk, don't interrupt, and ask questions.
- Be fully present in the conversation and put away your phone.
- If you say something that offends them, apologize, and ask how you can be more respectful moving forward.

