



# Get Recommended Cancer Screenings

## *Plan for Success*



**S**creening tests for cancer help find possible problems before symptoms occur. Often, cancer is present without any symptoms.

**U**nderstand that screening tests for cancer have benefits and risks. Discuss these with your health care team. Ask these questions:

- How do I prepare for the screening?
- How is the screening done?
- Are there any dangers or side effects involved?

**C**olorectal cancer's 5-year survival rate is 90% when found and treated early. Start screenings at age 45. If you have a family history of colorectal cancer, discuss, with your health care team, at what age to begin getting screened.

**C**ervical cancer can be prevented with human papillomavirus (HPV) vaccine. If you are under age 26, ask about getting this vaccine.

**E**nter your age, sex, and pregnancy status at [health.gov/myhealthfinder](http://health.gov/myhealthfinder) to find out what screening tests you need. Discuss this with your health care team.

**S**chedule screening tests as advised by your health care team.

**S**tay up-to-date on your screening tests.

