



It's Wise to Immunize

Vaccines protect you, your children, and others from getting many infectious diseases. The disease smallpox has been eliminated due to the success of vaccines for it.

VACCINES SAVE LIVES

- Measles vaccines saved more than 56 million lives worldwide in the last 20 years.
- Childhood vaccines prevent 4 million deaths worldwide every year.
- Vaccination against tetanus contributed to a 95% reduction in new born infant deaths around the world in the last 30 years.

THE BENEFITS

OUTWEIGH THE RISKS

- Like any medicine, there may be minor side effects, such as a slight fever, a rash, or soreness at the site of injection.
- Very rarely, people have an allergic reaction after getting a vaccine. Tell your healthcare provider of any health problems and allergies you have.
- Egg protein from chicken eggs is found in vaccines for flu and yellow fever. Now, anyone with an egg allergy can safely get a flu vaccine, but should not get yellow fever vaccine.

- Studies continue to show that there is no link between vaccines and autism.
- If you have a concern that a vaccine could harm your child, talk to his or her doctor.

ACTION STEP

Get the most recent schedules of vaccines for children and adults from: [cdc.gov/vaccines](https://www.cdc.gov/vaccines) or from 1-800-232-4636. Keep a record of vaccines you and your children get.