

safety first



Most accidents happen in the home. Protect yourself and your loved ones from accidental injuries.

- **Childproof your home.** Room by room, take steps to prevent burns, cuts, electric shock, and poisoning.
- **Prevent falls for all.** Keep walkways clear of clutter and well lit. Use grab bars and safety mats in tubs and showers.
- **Install and maintain smoke alarms and carbon monoxide detectors.** Check monthly to see that they are in working order. Replace, as needed.

Be careful. Be safe. Be well.