



HEALTHY YOU

West Nile Virus

Mosquito bites primarily cause West Nile virus if the mosquito is infected with it.



Signs & Symptoms

Most people who get the virus will have no symptoms. Symptoms usually occur 3 to 14 days after being bitten by an infected mosquito. See doctor for the following:

- Fever. Headache. Body aches.
- Skin rash on the trunk of the body (sometimes).
- Swollen lymph glands (sometimes).



Get Immediate Care

- High fever. Stiff neck. Severe headache. Muscle weakness.
- Tremors. Confusion. Convulsions.
- Decreasing level of consciousness. Paralysis.



Prevention

Protect yourself from mosquito bites. Stay indoors at peak mosquito biting times (dawn, dusk, and early evening). Apply an Environmental Protection Agency (EPA)-registered insect repellent to exposed skin and clothing to last long enough for the times you will be outdoors. Wear long-sleeved shirts and long pants when you are outdoors.